

Registration Opens: April 22nd, 8:00 am for Members & April 24th, 8:00 am for Non-Members.

Access to the registration web page can be found on the Skate Regina website under the registration tab. Members registered in a program from Sept 2024 – Aug 2025 will receive a link to the priority registration.

Summer 2025 Group Programming







Pre-CanSkate/CanSkate:

For ages 3+ working on stages 1 to 4 of the CanSkate program. The CanSkate program focuses on basic skating skills and fundamental movements such forward skating, backward skating, stopping, turning, spinning, and jumping. This program emphasizes fun and continuous movement building the best foundation for all ice sports such as figure skating, hockey, ringette, speed skating or recreational skating.

Dates/Times	# of Weeks	# of Sessions	Location	Cost
July 21st - 24th Monday to Thursday, 5:30-6:15pm	1	4	Cooperators Arena	\$90
August 5th – August 8th Tuesday to Friday, 5:30-6:15pm	1	4	Cooperators Arena	\$90

Parent Assist Pre-CanSkate:

This program is designed for skaters ages 2 to 5 years old. This program allows the skater to go on the ice with one parent/guardian. Note, the parent/guardian <u>must be wearing skates and must purchase a Skate Canada membership for their insurance coverage on the ice</u>.

The parent/guardian and skater will follow the same structured CanSkate session as the other skaters.

Dates/Times	# of Weeks	# of Sessions	Location	Cost
July 21st - 24th Monday to Thursday, 5:30-6:15pm	1	4	Cooperators Arena	\$90
August 5th – August 8th Tuesday to Friday, 5:30-6:15pm	1	4	Cooperators Arena	\$90



Pre-Power:

The Pre-Power program is designed for skaters ages 4-7 who are interested in hockey or ringette. This program develops basic skating abilities in a power skating-specific environment, including balance skills, forward and backward skating, stopping, turning and agility skills. Skaters must wear full equipment (including sticks). **Skaters must be able to fall and get up unassisted as well as skate the width of the ice surface without help.**

Dates/Times	# of Weeks	# of Sessions	Location	Cost
July 7th and July 9th Monday and Wednesday, 5:15-6:00 pm	1	4 in total	Cooperators Arena	\$90
July 8th and July 10th Tuesday and Thursday, 6:00-6:45 pm			Cooperators Arena	





